

# Hospital admission avoided for COVID-19 patient



## Initial patient presentation

*"I recently attended a female patient in her 40s, who had tested positive for COVID-19 a few days prior to her 999 call. The patient had been monitoring her oxygen saturations continuously, with a pulse oximeter and was concerned that they were low.*

*I used Prof-to-Prof Advice & Guidance via the Consultant Connect App to contact a local consultant to discuss the case. After a full assessment of the patient, all documented observations were within normal parameters and there were no acute changes to the 12 lead ECG, and she had normal air entry in all fields on auscultation, I had no concerns that the patient was significantly unwell.*

*Following Scottish Ambulance Service guidance on COVID-19, the patient did not fall into the at risk of deterioration category and there were no red flags identified. As the patient was only suffering from mild symptoms, she was deemed to be suitable to remain at home."*



## How Prof-to-Prof Advice & Guidance helped the patient

*"Using Prof-to-Prof Advice & Guidance meant the patient felt reassured that a consultant had reviewed her case and she was happy with this outcome."*



## He encourages other clinicians to use the service

*"It helps to alleviate some of the pressure placed on the Scottish Ambulance Service, as emergency ambulances are very frequently requested to convey GP referrals to hospital. It is a fantastic service which benefits myself and my colleagues and most importantly our patients."*

## About the Ambulance Technician and technology used

Keith McRavey has been an Ambulance Technician for three and a half years and works for the Scottish Ambulance Service (SAS). He explained how he used to get specialist advice, before using Consultant Connect for Prof-to-Prof Advice & Guidance:

*"Previously I could get specialist advice from the SAS clinical support desk, and I also routinely attempted to contact patient's own GPs or the OOHGP (out-of-hours GP) service. This would involve having to wait on a GP returning my call, which could lead to long delays on scene for an emergency ambulance."*

*"Prof-to-Prof Advice & Guidance is a better tool as you are able to contact a consultant 24/7 and your call is answered immediately, there are no delays when needing to discuss a patient."*

He went to explain how the service helps him in his day-to-day job:

*"My scope of practice as an ambulance technician does not allow me to safely discharge a patient at home, whom I feel requires no further intervention. I need to refer them to an alternative pathway, to make that clinical decision. Having direct access to consultants via Consultant Connect benefits me greatly, as I can get advice immediately on whether a patient needs to attend hospital. This ensures that I am not delayed at scene with a patient and that a patient does not attend hospital unnecessarily."*



If you have any questions about this service, please get in touch on 01865 261467 or at [hello@consultantconnect.org.uk](mailto:hello@consultantconnect.org.uk)