

Advice from out-of-area consultant avoids unnecessary referral for an elderly patient

Dr Mo Sahebjalal describes his experience of answering Phone Advice & Guidance calls from GPs across the UK via our [National Consultant Network](#).

Dr Mo Sahebjalal has been a Consultant Cardiologist for two years.

He joined the National Consultant Network in December 2018, answering Phone Advice & Guidance calls from GPs across the UK.

Dr Sahebjalal has enjoyed answering calls from GPs via the National Consultant Network, saying the benefits to him, as a consultant, include:

“ Getting to talk to a number of GPs based in different practices. It also helps to understand what the main or recurring issues and concerns are in the community. ”

Dr Sahebjalal encourages other consultants to join the National Consultant Network as:

“ It’s definitely helping patient care and avoiding unnecessary admissions. ”

He also encourages GPs to use the service. Whether speaking to a local consultant or a consultant on the National Consultant Network, Dr Sahebjalal tells GPs:

“ It’s worth the phone call, especially if you’re not sure about a patient. ”

We asked Dr Sahebjalal to provide a recent example of the advice he gave to a GP regarding a patient.

Consultant avoids unnecessary referral for 75-year-old patient

A GP used Phone Advice & Guidance to contact Dr Sahebjalal regarding a “75-year-old patient who had been taking clopidogrel and had a rash as a result.”

How Phone Advice & Guidance through the National Consultant Network helped

The GP was unsure whether the patient should be admitted to hospital. During the Phone Advice & Guidance call, the GP explained the history and situation of the patient.

As a result of the immediate conversation between the GP and Dr Sahebjalal, the patient “avoided a referral to the hospital.”

If you are interested in any aspect of the service, please get in touch:

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consultantconnect.org.uk/what-we-do/national-network